

I am a relatively late starter to martial arts because previously I couldn't stand all the so-called experts talking themselves up. However I have found learning Wing Chun so enjoyable and effective under Si-Fu Del-Brocco my wife and two sons now join me at classes several nights a week. Together we love the mixture of fun, fitness and self defense and above all Si-Fu Del-Brocco's straight shooting advice and careful guidance that compliments this age old discipline.

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