

To Si-Bok Alfredo and Si-Mo Rachel Del-Brocco

A while ago (a long while ago) I contacted Sifu Alfredo regarding a school on the gold coast and was informed that if i could get more then 8 students Sifu Alfredo would do a class on the gold coast

This happened and a car pulled into my driveway and Sifu Alfredo and Si-mo Rachel stepped out of the car and conducted the first class.

This was the beginning of a Gold Coast school in my backyard at studio village.

I trained under SiFu Alfredo and his instructors for a couple of years in various locations and due to an instructor from Melbourne moving up to the Gold Coast the schools merged and I found myself training under Sifu Tony White.

I did not find training with this man to my satisfaction, nor did i see him as my SiFu but I gave it a go as Wing Chun was a passion and there was little choice.

Later I started training with David McDonald when he opened his own school on the coast for about a year.

Then my life took a different path and due to work and life commitments I stopped training.

I got fat, got promoted a lot, then had a child and many failed relationships but always there was a burning passion to want to relearn or reclaim lost training and then add to it.

Thankyou SiFu Alfredo for the time, energy & quality Wing Chun that you teach.

I look forward to training under your guidance again!

regards  
Peter Dempsey  
Gold Coast