

Hi SiFu just a short note to say thankyou for the inspiration you give me and for the fierce awesome classes you and simou teach it bring truth to the saying "when the student is ready the teacher will appear"...anyway i came across a poem in a book that happened to reveal itself as i was finishing the teachings of abraham it is by an american minister called Harry Emerson Fosdick....

No horse gets anywhere 'til he is harnessed.

No steam or gas drives anything until it is confined.

No Niagara Falls is ever turned into light and power until it is tunneled.

No life ever grows great until it is focused, dedicated, and disiplined.

Thankyou for being focused, dedicated, and disiplined SiFu and SiMo you both add fuel to my passion .... yours in excellence

Matt Scarce

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