

Alfredo Del-Brocco's **"Images of One eNewsletter"**

~~~~~  
There is nothing you cannot be, do or have.  
~~~~~

(Please forward this newsletter to your friends and associates, share it in newsgroups, mailing lists, and discussions, or publish it in your site and newsletter! Thank you and have a nice day!).

~~~~~  
Discover proven scientific and spiritual evidence, tools and how-to information that's turning ordinary people into powerful, joyful creators of their financial, health and relationship worlds.

[www.imagesofone.com/cmd.asp?af=495546](http://www.imagesofone.com/cmd.asp?af=495546)  
~~~~~

**Quotes:-**

---

*"Within every desire is the mechanics of its fulfillment." - Deepak Chopra*

*"If we can conceive it, and we can believe it, then we can achieve it." - Goethe*

---

**Extract from "A Happy Pocket Full of Money"**

*by David Cameron Gikandi*

**Learn to multiply your efforts.**

One of the best ways to do that is to delegate massively. Delegate almost everything. Every person has certain unique capabilities. But they also share many other things with every body else. For example, Einstein's special gift was in physics. That is where he varied most with the rest of us. But on all other things, that variance was very low. He walked, wrote, saw, cleaned the house, and did other chores just a little better or a little worse than we all do. Now, if in a day, Einstein insisted on doing absolutely everything in his 'business', from thinking about physics to drawing charts that anyone else could have drawn, to sweeping his floor, and all that, he would have ended up with far less time to spend on his unique talents, and therefore have realized less from them. A person's unique talents are what make the person and the world wealthy.

Wealthy people usually look at themselves honestly and see what it is that they most

enjoy and what it is that they are a whole lot better at than most other people. This is an honest look. What they are best at may be strategy, marketing, innovation, horticulture, flying, driving, or anything else. They may also be good at a whole lot of other things, maybe even slightly better than most people, but that is beside the point. The point is what it is that they are fabulous at - not just good at, but fabulous. That is the question. The only other question is, what is it that they really enjoy and cannot stop doing. They do not say, 'I can clean the floor better than my cleaner' for even if that is true, it is self-defeating. All that matters is what they are better at, by far, than anyone else, and what they enjoy. Then they do only that thing and they delegate everything else. They do not worry that people will not do the rest as good as they would have.

Imagine if Bill Gates tried to do everything at Microsoft. What good would that do him or the rest of us? A person such as Bill Gates is focused on what he or she does best and what he or she enjoys best. People like that delegate all the rest, even if they can do some of the rest better than their helpers can or employees can. In addition to that, people like that recognize that there are many things that other people are a lot better at doing than they themselves are. Delegation multiplies efforts and results. Put it in your thinking and your goals to delegate almost everything in your business except for the one thing you are exceptionally good at and what you most enjoy (even if it is just dreaming up new ideas). To the extent that you delegate to the right people so shall you become more productive and hence wealthier.

Increase the rate at which you get ideas. Read books and magazines every day for a few minutes each day at least. Learn to read faster - the more new ideas you get the better. Get a speed-reading course or book. To find good books, use Amazon.com's user ratings system to see what readers like you have found useful in their lives. Read magazines in all areas of life, get a broad picture of the world. The best thing about magazines is their images - they feed your imagination and your goals.

Another way to look at the making of money is viewing it as a change of thought causing a shift in the way energy in the universe is exchanged. This is not so that you may start living like this, but just so that you may see that simply changing your thought causes a re-arranging of the energy in the universe and leads to increased wealth. Let us see how that works historically. Thousands of years ago, people were hunters and gatherers. This was a dangerous and unpredictable way to live. The desire to have more stability and safety caused human beings to think 'Why do I have to chase after these goats in the wild every day?' That led to the idea that goats could be kept at home, domesticated. Now, instead of chasing after the goat everyday across the grass plains, man brought the goats together in an enclosure and fed them the same grass from the plains. Even before this new idea, there was always an availability of grass, land and goats - but no one had thought of changing their arrangement, of domesticating the goats. The idea simply changed the way they exchanged each other, the way the different forms of energy was exchanged. A desire for a better life caused a thought that caused betterment in the standard of living, using the same material that was always there. A change of thought pattern caused this.

Next, the human beings desired to reduce their hardships further by acquiring items they needed but did not have. They first did this by going to war with tribes that had

these items. Then they desired a much safer way to acquire these items, which led to the idea that they could trade. Again, they improved their lives simply by rearranging their thoughts, causing a change in the way energy in various forms was exchanged. Trade went along fine; the only problem being the long distances it took a person to carry a goat to exchange it with a bag of wheat in the next village. The desire to exchange faster and more efficiently led to the idea that instead of everyone walking all over the place, they can instead meet at one central spot and show all their goods and trade. A market was formed. Again, look at it closely. All the ingredients had always ever existed, but the idea that it could be done had not. The desire for better caused the idea that caused a shift in the way energy forms were exchanged. Remember the law that says energy is neither created nor destroyed it only changes form. A market did not drop from the heavens on this people. They simply changed their thought pattern and it was done.

Today, the desire to trade even faster has caused us to have currency markets and stock exchanges. Imagine the time when a trader had to walk for half a day to the market, sell one cow, then walk back half a day home. Next came trucks, and farmers could drive several cows to the market and be back home early enough to do another trip. Then came futures and options exchanges, which enabled people to buy and sell thousands of livestock futures and options in seconds without having to get up or move a single cow! Yet, nothing dropped from the heavens. It was all right here. People just desired different, and that desire took an infinite coordination of dozens of seemingly unrelated events to end up with a high-tech futures and options market and the zero need to move the cow at the time of trade.

The sequencing of everything to end up with a result that enabled faster trade and profiting was unpredictable. But because the desire was there, nature fulfilled. But let us go back to the past. The agrarian revolution came along and people, from their desire for more wealth, ended up with ways to improve farming. Again, they simply desired, and that desire led to thought and what had always been there was re-arranged. Nothing dropped from the heavens. But even then, it would take a king three generations to build a good sized home and a fair collection of possessions. The average person did not even think it was possible for them to live in a multi-room brick house with certain amenities - that was for kings and queens.

Today, life is different. We are born assuming, from observation, that a house is something that we shall automatically always live in and that we shall automatically have cloths and certain other things that were reserved for royalty back then. It does not even cross your mind for a moment that you can lack certain things - yet people in the past struggled for generations to get those same things. We have the certainty that they did not have.

The point here is to see the powerful effects of certainty on an individual level and on a wider scale. Certainty of thought causes massive shifts in the way energy is re-arranged. A massive up-shift in certainty of thought and in desire for better always leads to a massive shift in the way energy is re-arranged for a better life. Take, for example, the emergence of the IT boom. You had Bill Gates and hundreds of other young people making massive amounts of wealth in very short periods. People would become billionaires in few years, instead of four generations as it used to take. And as fresh kids out of college watched this happen, they believed they could do it. And

many of them believed. And a whole range of new businesses was formed in no time at all. Young people in their twenties were becoming millionaires by the dozens every day. Yet, nothing new dropped from the heavens in those few years. All it took was massive desire, belief, and change of thought. Then the energy that was always there in various forms was re-arranged into a whole bunch of new forms that led to wealth. And just as millions of people today live better than a few kings lived in the past, the very near future will have billions of average people living better than millionaires live today. And nothing new will be dropped from the heavens. We will simply desire better, have certainty on a higher level because we are now beginning to understand how it all works, and we will change our thoughts the right way, and it will just happen in unpredictable and powerful ways.

All that needs to exist is right here and we have it all. The energy packets that make up everything around us, including our bodies, have an unlimited capability to take unlimited and unimaginable forms, as long as the desire is there. They have their own intelligence, and they obey our desires with skill that we cannot imagine. If you analyze any substance at all, from light to thought to metal to flesh, it is all made up of energy packets that that 'collect' into atoms, cells and so on. But the amazing thing about these energy packets is that, unlike the forms that they build up, they are not confined in time and space. In other words, they can move from point A to B without crossing the space in between. And they are not confined within the object that they make up. In other words, the energy packets making up your finger right now are not the same ones that will make it up in a few seconds. They can flash up in your finger then flash up in another person's belly a moment later, or in your light bulb in the house. You do not have your own bunch of energy packets, so to speak. In fact, they are not really particles in the sense that you think of particles. You are forever-sharing these packets with everyone and everything else at all times. And they can 'travel' forwards and backwards into time. This is what we, and all matter, are made up of - energy packets flashing in specific patters to form the appearance of shapes. The information that dictates these specific patters is partially made up of our thoughts and partially the thoughts of the rest of the universe.

That is why medicine is now discovering that our thoughts are very much linked to our state of health. And science is discovering that nothing being observed can be observed independently of the observer, because the observer's expectations and thoughts influence the object under observation.

Money is absolutely linked to our thoughts, desires and certainty, and history and science can prove that to you now. It is in your best interests to improve your own wealth consciousness and that of the world. Your becoming wealthy makes the world wealthy, and the world becoming wealthy makes you wealthy with a whole lot less effort. Look at history to prove this.

---

**Extract from “As A Man Thinketh”**  
*by James Allen*

*Effect of Thought on Circumstances*

A man's mind may be likened to a garden, which may be intelligently cultivated or allowed to run wild; but whether cultivated or neglected, it must, and will bring forth. If no useful seeds are put into it, then an abundance of useless weed-seeds will fall therein, and will continue to produce their kind.

Just as a gardener cultivates his plot, keeping it free from weeds, and growing the flowers and fruits which he requires so may a man tend the garden of his mind, weeding out all the wrong, useless and impure thoughts, and cultivating toward perfection the flowers and fruits of right, useful and pure thoughts. By pursuing this process, a man sooner or later discovers that he is the master-gardener of his soul, the director of his life. He also reveals, within himself, the flaws of thought, and understands, with ever-increasing accuracy, how the thought-forces and mind elements operate in the shaping of character, circumstances, and destiny.

Thought and character are one, and as character can only manifest and discover itself through environment and circumstance, the outer conditions of a person's life will always be found to be harmoniously related to his inner state. This does not mean that a man's circumstances at any given time are an indication of his entire character, but that those circumstances are so intimately connected with some vital thought-element within himself that, for the time being, they are indispensable to his development.

Every man is where he is by the law of his being; the thoughts which he has built into his character have brought him there, and in the arrangement of his life there is no element of chance, but all is the result of a law which cannot err. This is just as true of those who feel "out of harmony" with their surroundings as of those who are contented with them.

As a progressive and evolving being, man is where he is that he may learn that he may grow; and as he learns the spiritual lesson which any circumstance contains for him, it passes away and gives place to other circumstances.

Man is buffeted by circumstances so long as he believes himself to be the creature of outside conditions, but when he realizes that he is a creative power, and that he may command the hidden soil and seeds of his being out of which circumstances grow; he then becomes the rightful master of himself.

That circumstances grow out of thought every man knows who has for any length of time practiced self-control and self-purification, for he will have noticed that the alteration in his circumstances has been in exact ratio with his altered mental condition. So true is this that when a man earnestly applies himself to remedy the defects in his character, and makes swift and marked progress, he passes rapidly through a succession of vicissitudes.

The soul attracts that which it secretly harbors; that which it loves, and also that which it fears; it reaches the height of its cherished aspirations; it falls to the level of its unchastened desires and circumstances are the means by which the soul receives it own.

Every thought-seed sown or allowed to fall into the mind, and to take root there,

produces its own, blossoming sooner or later into act, and bearing its own fruitage of opportunity and circumstance. Good thoughts bear good fruit, bad thoughts bad fruit.

The outer world of circumstances shapes itself to the inner world of thought, and both pleasant and unpleasant external conditions are factors which make for the ultimate good of the individual. As the reaper of his own harvest, man learns both of suffering and bliss.

Following the inmost desires, aspirations, thoughts, by which he allows himself to be dominated (pursuing the will-o'-the-wisps of impure imaginings or steadfastly walking the highway of strong and high endeavor), a man at last arrives at their fruition and fulfillment in the outer conditions of his life. The laws of growth and adjustment everywhere obtain.

---

## **Extract from “Tao Teh Ching”**

*by Lao Tse*

1. All in the world know the beauty of the beautiful, and in doing this they have (the idea of) what ugliness is; they all know the skill of the skilful, and in doing this they have (the idea of) what the want of skill is.
2. So it is that existence and non-existence give birth the one to (the idea of) the other; that difficulty and ease produce the one (the idea of) the other; that length and shortness fashion out the one the figure of the other; that (the ideas of) height and lowness arise from the contrast of the one with the other; that the musical notes and tones become harmonious through the relation of one with another; and that being before and behind give the idea of one following another.
3. Therefore the sage manages affairs without doing anything, and conveys his instructions without the use of speech.
4. All things spring up, and there is not one which declines to show itself; they grow, and there is no claim made for their ownership; they go through their processes, and there is no expectation (of a reward for the results). The work is accomplished, and there is no resting in it (as an achievement).

The work is done, but how no one can see;  
It is this that makes the power not cease to be.

***Thank you for reading this “Images of One Newsletter”. To find out more, please subscribe to the following link:- [www.imagesofone.com/cmd.asp?af=495546](http://www.imagesofone.com/cmd.asp?af=495546)***