

Your Images of One eNewsletter

>

> ~~~~~

> There is nothing you cannot be, do or have.

> ~~~~~

>

> Discover proven scientific and spiritual evidence, tools and how-to
> information that's turning ordinary people into powerful, joyful
> creators of their financial, health and relationship worlds.

>

> <http://clicks.aweber.com/z/ct/?Xsg0PgesC2J4TfgAnXvwRA>

>

> ~~~~~

>

>

> How Love, Fear, Faith and Understanding Work Together

>

>

>

> People often ask, "How do I get rid of my fears?" It is either that or
> something similar to that. Fortunately, the answer is very simple.
> Once you get into the answer, everything becomes very simple, and fear
> lets go just like that! Let us have a look now...

>

> We will start by looking at these four things and their opposites.

>

> Love comes from within. The opposite of love is no love.

> Often, people have said that the opposite of love is fear, and in an
> abstract way that is correct. It is correct because, generally, you
> tend to have either one or the other. When fear is absent, you feel
> the love that is always there. When fear comes in, you are blinded
> from the love.

> But, upon closer observation, you will notice that you can have both
> emotions running over the same thing. So in a direct sense, the
> opposite of love is no love. Love is acceptance, so the opposite of
> love can also be called non- acceptance.

>

> Fear, as we have seen, is a separate emotion. Fear is false evidence
> appearing real. You fear because you doubt your capability to handle
> something or create a successful outcome. Otherwise you would not fear
> if you did not doubt your ability not to be touched by that which you
> fear. In truth, there is nothing to fear. It may not be evident now
> why this is so, or it may be. Either way, you will see it soon. There
> is nothing to fear. Anyway, fear is what blocks your feeling of love
> within, and with that it takes your power away simply because power is
> vested in love. Force is vested in fear and sometimes force looks like
> power, but it isn't even close in comparison and lasting effect. So

- > now we know that fear is what obscures love and power. The question
- > then remains, what gets rid of fear or what allows fear?
- > Well, what is the opposite of fear? It is no fear. No fear is the
- > opposite of fear. How do you get to no fear?
- >
- > Fear comes in when faith is not there. Faith is more than believing.
- > Faith is closer to knowing than to believing.
- > When you know, you know. Its like when you go to pick up a glass of
- > water and drink it, you don't doubt you will manage. You just drink
- > knowing it works. That is knowing. A slight step behind knowing is
- > faith. When you have faith, you pretty much know you are fine, one way
- > or another, despite appearances to the contrary. When you have no
- > faith, you get fear. And that is the key to removing fear, having
- > faith. So how do you have faith?
- >
- > With understanding. Understanding ensures faith, simply because you
- > know how things work. Think of a time you felt confused and incapable
- > because you missed the information, and then when you got the
- > information and understanding, you had peace and you knew you could
- > just easily do what you had previously feared. Understanding of how
- > life works, How Life Works, is the key. Take a look under the hood of
- > life, into the Machinery behind Life, and with that new immense
- > understanding you will have automatic faith. It is a loop.
- > You have faith because you know how it works, and so you have faith
- > that it works.
- >
- > And as a bonus to understanding, you have peace within yourself and
- > with others.
- >
- > And so the first step to all these things, to having faith,
- > eliminating doubt and fear, to having peace, is all in getting an
- > understanding. Not just any understanding. Things are in layers. There
- > is a layer that is the foundation, a causative layer, and a layer that
- > is the superficial, the effect layer that is built on the foundation.
- > The understanding of the causal layer is one we are talking about
- > here. Fortunately, there is much available to us nowadays in terms of
- > high-level wisdom and insights. Seek them and understand, if you wish
- > to have the key out of the box. You may also have a look at the book
- > What If You Knew The Answer To and the Reason For Everything In Your
- > Life which is available at www.imagesofone.com and looks into the
- > completeness of the understanding we are talking about here.
- > I wish you success and wellbeing.
- >
- >
- > Article written by David Cameron, CEO ImagesOfOne.com.
- >