

Your Images of One eNewsletter

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> There is nothing you cannot be, do or have.

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> Discover proven scientific and spiritual evidence, tools and how-to

> information that's turning ordinary people into powerful, joyful

> creators of their financial, health and relationship worlds.

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> http://clicks.aweber.com/z/ct/?JWp5Oo8i4WTWbRkDML_pKg

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> Acting Your Life

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> There is a certain way you can act that is powerful. Acting is that

> which receives. It is a tool of creation, the others being thought and words.

> Thought, words, and action are the tools that you use to create your

> world.

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> Thoughts create on one level, the highest vibrational level.

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> Words step down that vibration into a realm we can begin to sense.

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> Actions finally bring the vibration of that which we thought up into a

> realm we can touch and see. Actions, therefore, are the stage at which

> we receive our creations.

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> Let us look at actions for a moment.

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> Actions are the last stage of creation, and are only effective to the

> extent that they are in line with your thought and word, and your

> state of being (the source of the tools of creation).

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> When you act, first know why you are acting. What is it for? What is

> your goal? By your goal shall your fruits be. Then go ahead and act.

> In your acting, have no doubt, no regrets, and no hesitation. Act all

> the way to the end. Then take responsibility for your actions, for

> responsibility is what puts you in a position of power because by

> owning your actions and their effects, you are in a position to

> respond. Responsibility gives you response-ability.

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> Act with the joy, passion and finality of a person acting as if that

> was the last action they were performing on earth before they pass on.

> It may be. Unless it isn't. How would you perform your next act if you

> knew it was your last? With careful consideration, with full presence

> and engagement, relishing it, and not attached to the outcome (since

> you won't be around to see the outcome). Your main concern would be to

> really enjoy your last act, enjoy the process and not the end of it.

> And you would act as if it was your last stand, unwavering. You would
> fear nothing, for at that point all fear would clearly be False
> Evidence Appearing Real. Act for the sake of acting. Not for the goal,
> not for your personal reason or expected result. But simply for
> spirit. Act for the universal sake of All That Is, What You Are
> together with all creation. For while you may be the one doing the
> act, you may not be in a position to know the true purpose of that action. You may have a goal
for it, but that is just a motivator.

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> For example, say that your goal in an action is to make a certain
> amount of money. This goal came from a thought, did it not? And where
> did that thought come from? It came either from your ego (in which
> case it was a fear masquerading as something else such as a desire to
> get rich so as to have acceptance) or it came from Your Spirit, in
> which case it has an effect and sequence of events that may be beyond
> your imagination. If it came from ego, let spirit correct. If it came
> from Spirit, Spirit knows the big picture and the exact sequence of
> events that would lead to the best outcome for you (you are Spirit,
> even though part of you may not be aware of this). So Spirit, Your
> Higher Self, inspired you by dropping the thought in your mind, along
> with a goal as a motivator. Just act on the inspiration. It has built
> in its own intelligence and pathways that you may not know.

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> So don't get attached to the outcome - have a goal, but don't get
> attached to a particular outcome in the moment of Now. Let What Is be.
> What Is Right Now is Life, let it Be. Don't say 'I am failing now
> because right now things are not as I expected.' That is attachment
> and it can only lead to more negativity. Learn from it, accept it,
> then choose different for the next moment, but for Now, accept it as
> it is. What you resist persists.

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> Do you know how you get into trouble? By labelling something as wrong,
> bad, shameful, guilty, and so on. The moment you do that, you disown a
> part of yourself. And sooner or later, you find yourself in a spot in
> which you are faced with that which you labelled as bad right in the
> middle of your life! And it sticks around until you accept it, love it.
> Then it lets go. Understand that no part of creation is bad, and you
> will be free of judgement and then free of pain.

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> Before the act, calculate everything, know why you are acting, and for
> what goal. During the act, just enjoy the process with full presence,
> infusing your love into it, for the emotion is what gives it power to
> produce good fruit. After the act, let go. Don't worry about the
> result at the present moment. Be detached. Move on to your next act.
> Things will fall into place, as they should on their own. Your input
> was required only before and during the act, not after.

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> Another benefit of detachment is that it leaves you free. When you
> have nothing fixed as an outcome in the moment of Now, no one can hold
> you hostage, not even your own mind. You give no power away to
> external forces, not even to your ever-in-crisis-about-what-next ego.

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