

> 5. Thinking And Speaking: The instructions of and for life

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> Closely related to images are thoughts. Just as life is images of the mind
> expressed, it is also thoughts of the mind expressed. In other words, life
> is the mind expressed. Your external reality is the densest part of your
> mind, without any separation. The separation between you and your outside
> world is illusionary. As we move on in this book, you will come to see
> first hand how this is so, scientifically and spiritually.

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> Life is your mind expressed. The outer world is the densest part of your
> self; it is an extension of your mind. When you finally will stop
> believing in the illusion of separation, your power will rise
> dramatically. But even now, you may still change your mind to change your
> world. You will now see how this happens, and as we move on further into
> this book, you will see scientific and further evidence of this.
> Eventually, the illusion of separation will fall off totally, and you will
> have mastered this. But even now, just knowing this is empowering.

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> This chapter is a course in how to think in ways that are friendly to the
> universe and its laws, ways that co-create the universe itself
> purposefully into one that you wish to live in and not one that you find
> yourself in. In this chapter, there will be several mentions of the laws
> of the universe. These are the laws that you will learn throughout this
> book, and not necessarily in this chapter alone. The pieces of the puzzle
> will fall into place as you read on.

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> Ok, let us dive into the mind. Your world is the densest part of your
> mind...

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> Life is your thoughts, expressed. Let us paraphrase what we learnt about
> images over here. Life, The Source, uses your thoughts as the instructions
> by which to create your reality in the material world. Life expresses your
> thoughts into physical reality. To express is to make known, to state,
> articulate, communicate, convey. The force of Life makes known your
> thoughts to yourself and everyone else by forming them into experiences
> and objects that can be experienced, here in the physical world. You
> experience your own thoughts first hand, your images of your mind, so that
> you may know which ones are suitable and which ones are not. That is how
> you know yourself, that is how you experience your self, and that is how
> you grow. This world is designed to enable you to experience your Self. It
> is designed to enable you to experience an idea and its effects and
> consequences.

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> - I AM WEALTH. I AM ABUNDANCE. I AM JOY -

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> Your state of wealth externally is an extension and testament of your
> state of wealth internally. How clear and certainty you are in thoughts of
> wealth is evidenced externally.

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> Life does not select which thoughts to express and which ones not to. How
> would it choose for you? It therefore expresses all of them to the extent
> that you have them and believe them. You have true free will. This free
> will is truly free because of the fact that all of it is acted upon
> without filtering or favoring. Free will is truly free because of the fact
> that it actually gets results all the time, not just some of the time, and
> it gets them exactly.

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> To the extent that your thoughts are not conscious, deliberate and focused
> in any topic of life, you will be affected by the outcome of the thoughts
> of other people. And to the extent that your thoughts are clear, focused
> and non-contradictory, your results will be sped up. A few people are able
> to perform what many people would call miracles simply by thinking only
> one way and strongly about a thing. The idea that the outcome of their
> intention may not happen as they wish it to happen does not even occur to
> them for a split moment.

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> Suffering is always the result of an error in thinking. It is an
> indication of being out of harmony with the laws of the universe. The only
> purpose behind the existence of suffering is to show a person when a
> thought is in error and alert them of the existence of a higher thought
> that would serve them better. Suffering stops as soon as that higher way
> is found, that higher thought. In the presence of suffering, try not to
> resist. Instead, examine with an open mind, and the answer will always
> show itself to you without fail.

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> Concentration gives thoughts more power and speed in achieving goals.

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> Your dreams, thoughts and visions will build your world. You will rise and

> fall with the rising and falling of your thoughts.

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> Repetition breeds integration and internalization. To attain wisdom, read

> this material repeatedly and think in the right way over and over again.

> Through repetition, things are embedded into your subconscious. They cross

> over and become you.

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> You can predict the future by looking at the thoughts, words and actions

> of today, and applying the law of cause and effect to them.

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> You are never denied answers to your questions. Whatever questions you ask

> believingly and earnestly will be answered exactly. No more and no less.

> If you earnestly and believingly seek and ask how to earn one million

> dollars, the universe will conspire to bring you the knowledge, tools,

> people and events to give you that answer. If you ask how to earn a

> billion dollars, you will also get answers worthy of that amount. Einstein

> was not born a mathematical and physics genius. He simply asked the right

> questions, believingly. You see, the universe works by perfect law that

> never once errs nor favors particular people. Once you understand the

> universe's deeply complex yet simple rules that are perfectly balanced,

> you cannot fail to succeed predictably. Whenever you see chaos and

> unpredictability in the universe, you are simply seeing something that you
> do not yet understand, but something that is organized and predictable by
> certain laws. Nothing is difficult for The Source, God. And perfection and
> balance is the nature of The Source. Hence, all laws are applied equally,
> universally and unfailingly. Ask the right questions, believably and
> earnestly.

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> Be specific and do not keep changing your mind. All thoughts count and
> produce results. Changing your mind all the time 'confuses' the universe.
> Imagine walking into a travel agency and saying, 'I wish to travel'. Then
> you look at the agent blankly. He or she would be ready to make your
> reservation, but they cannot until you tell them where you wish to go.
> Imagine you now say, 'Well, I'd like to go to Moscow and Timbuktu, at the
> same time'. Again, the agent cannot fulfill that request. Now imagine you
> say, 'OK, then book me to Moscow. No, wait, Timbuktu. No, wait, Moscow.
> No, wait; I am not sure I can afford it. No, I can. No, maybe I don't wish
> to go there or travel at all.' This is how many people think all day. And
> the universe is 'confused' by their thoughts, just like the travel agent
> is, and it therefore produces 'confused' results for them.

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> Whatever you put your attention to gets energy from you and grows. Remove
> the attention and it dies. Be conscious and deliberate in this. Intension
> goes along with attention. What you intend and give attention to begins to
> become.

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> This text was extracted from the book A Happy Pocket Full of Money

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